

TRIANGLE
Healthcare Profiles

Safe, effective treatment for problem veins

Varicose veins—which result from the veins' inability to effectively transport blood back to the heart—are a problem for as many as 20 percent of adults.

Symptoms range from visible “roadmaps” of veins on the legs to bulging, ropy veins; heavy, aching, swollen legs; changes in the appearance and texture of the skin; and skin ulcers that are difficult to heal.

For many years, doctors treated the condition with vein stripping, an uncomfortable surgical procedure performed under general anesthesia. Stripping required a prolonged recovery period and left unsightly scars.

“We offer better and more leading-edge alternatives,” assures Victor A. Medina, MD, FACS, of Triangle Vein Clinic.

Dr. Medina, with more than 17 years' experience in the treatment of venous disease, was the first surgeon in the area to introduce minimally invasive VNUS® Closure® to address problem

veins, virtually revolutionizing venous care in the Raleigh area.

“VNUS Closure is performed in the comfort and privacy of our office using only local anesthesia,” describes Dr. Medina. “Patients can walk in, be treated, and walk out an hour later, returning to most normal activities within 24 hours.”

Dr. Medina recently introduced a technological advancement that makes this excellent treatment even better: the VNUS ClosureFAST™ Catheter, a device that significantly reduces procedure time and post-treatment bruising and discomfort.

“We were involved in clinical trials for the ClosureFAST,” informs Dr. Medina. “The impressive results of these trials helped secure its FDA approval in 2006. We are the first and only vein clinic in the Triangle area to make this improved procedure available to all our patients with venous insufficiency.”



Dr. Medina, a fellowship-trained vascular surgeon, was the first in the area to offer an alternative to painful vein stripping. His advanced treatment has been featured on local CBS and ABC television channels.

What to Expect

“Each patient is treated according to his or her individual needs,” notes Dr. Medina. “Some patients require simple sclerotherapy injections to gently close smaller problem veins; but if ultrasound evaluation reveals venous insufficiency, we treat that first with VNUS Closure, using radiofrequency energy to gently collapse the vein from within. A month later, we treat any remaining surface veins with sclerotherapy.”

What Patients are Saying

“[VNUS Closure] is virtually pain-free and because there's no [general] anesthesia involved, I felt great afterwards. The next day I was able to resume my normal activities. How wonderful is that? Thanks, Dr. Medina.”

— Shirley B.

“About one week following VNUS Closure, I noticed the pain and swelling had subsided and my legs looked great!”

— Clemencia H.



Triangle Vein Clinic

a subsidiary of Triangle Surgical Associates, P.A.

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